

Prairieview Post

Vulcan Prairieview Elementary School
Box 300 Vulcan AB, T0L 2B0 403-485-2074
<http://www.vpes.ca>

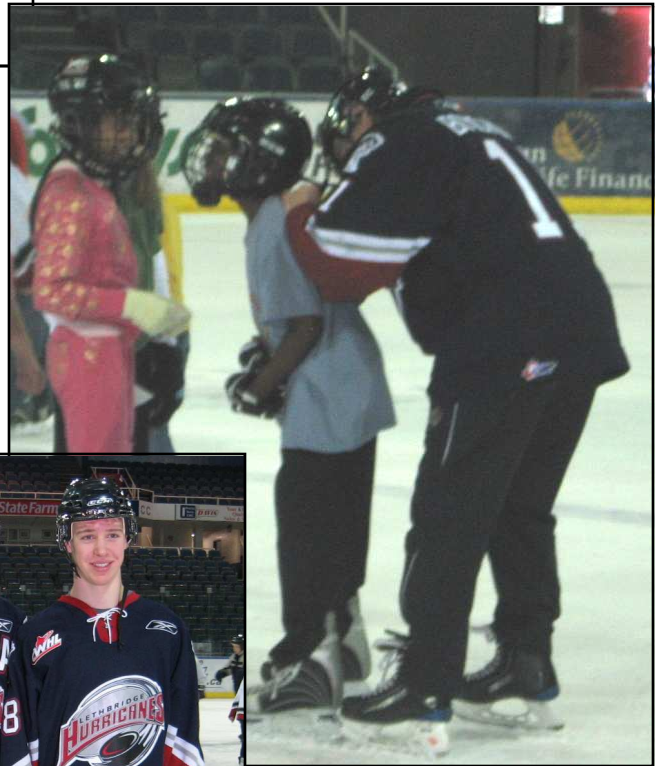
February 5, 2009

Together we will ensure learning success for all students to develop their unique potential as caring citizens in a changing world.

Skating With The Hurricanes

On Tuesday, January 27th the School Patrollers (some 40+ students) travelled down the road to Lethbridge to skate with the WHL's Lethbridge Hurricanes. The Patroller's were treated to lunch, skating and autographs with the hockey players. All students reported having a fantastic time!

Thanks to Ms. Bianchini and Mrs. Lanktree for organizing the trip for their ongoing commitment to organize the School Patrol Program!



Community of Caring

Our virtue for the month of February is family.

Family can appear in many different configurations. Single-parent families, grandparents and grandchildren, adopted children of married couples and more traditional families. While families might look different they all have one thing in common: a caring commitment to unconditionally love and support each other.

If we step back and look at the bigger picture we might even say that our school is a family of learners. Children amaze teachers with their wisdom, support staff provide an environment that makes learning fun, learning assistants support and care for the needs of children and teachers provide opportunities for children to grow in many various ways.

This month we celebrate Family Day. How does your family plan to make the day a special celebration of your family?



Thanks to the Lethbridge Hurricanes for taking the time to be involved with kids in the community!

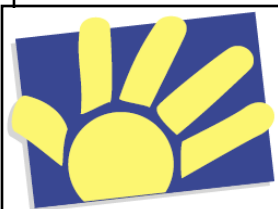


Valentine's Day Sock Hops

On Thursday and Friday before Valentine's Day students will be able to celebrate friendship at lunch-time sock Hops. Admission is free and the grade 6 students will have popcorn available for \$1. On these two Spirit Days students and staff are encouraged to wear pink and/or red. Come and have some fun and celebrate friendship and in the spirit of our School Family!

The Prairieview Post is published twice a month. Contributions are most welcome but must be made in electronic format to michael.shain@pallisersd.ab.ca

**Mr. Michael Shain—Principal
Mr. Nathan Sillito—Vice-Principal**



*respect * caring * trust * family*

responsibility

Counsellor's Corner

It Takes a Village to Stop Bullying

The problem of bullying requires an all out effort on the part of each of us as individuals, families and entire communities. We need to work together to create a safe environment for our children. As Palliser Regional Schools continues to focus attention on anti-bullying programming, we can all contribute positively. Our children need the tools to be able to stand up for their rights and needs, to handle conflicts in nonviolent ways and to do what is right even when there may be consequences for their actions. We can blame schools, parents, bullies, bystanders or the kids who are bullied and don't tell anyone but the truth of the matter is that if bullying is to ever really be erased, each has to be prepared to play our part.

Bullying is not playful teasing, sibling rivalry or arguments involving equals. Bullying is deliberate and purposeful behavior which is meant to harm, intimidate or create fear and terror in others. Bullying is not about anger.

It isn't even about conflict. It is about the powerful feeling of dislike toward someone considered to be worthless, inferior or not deserving of respect. Kids who bully have an air of superiority that many times a disguise to cover up hurt and feelings of inadequacy.

As a parent you can be involved in developing the school's anti bullying plan. You can also respond to your children in the following ways:

- Help your child learn self-discipline. This comes from their taking responsibility for their actions and figuring out ways to help them fix what they did and to find ways to prevent the incident from happening again.
- Create opportunities for your child to behave toward others in caring and helpful ways.
- Help your child to care for others and understand their side of things.
- Help your child learn to be a friend and find peaceful ways to get along with others.
- Monitor what your child is watching on t.v. and what computer and video games he or she is playing. Each has a profound effect on the way our children perceive the world in which they live.

Submitted by: Danielle Olivieri, Family School Liaison Counsellor @ 403-308-5065.



Congratulations Hawks on your win last weekend in the Atom Tournament! A special thanks to all the parents who take their time to volunteer and organize the tournament!



February Calendar				
Monday	Tuesday	Weds.	Thursday	Friday
2	3	4 > Parent Link (9-11) > Hot Lunch Day > Mentorship Program(3:30)	5 > Gideons Presentation (Grade 5 students 10:20) > Junior Curling (3:30)	6 7 & 8 Jr. Curling Bonspiel
9 > Services Delivery Meeting (CRC, 7:00 PM)	10	11 > Parent Link (9-11) > Mentorship Program(3:30)	12 > Gr. 1-3 Valentine's Sock Hop (12:15) > Junior Curling (3:30)	13 Gr. 4-6 Valentine's Sock Hop (12:15)
16 Family Day: School Closed	17 PT Interview Lieu Day: School Closed	18 PD Day: No Classes	19 & 20 Teachers Convention: No Classes	
23	24	25 > Parent Link (9-11) > Hot Lunch Day > Mentorship Program(3:30)	26 > Junior Curling (3:30)	27
Looking Ahead... March 12: District-wide Technology PD Day (no classes) March 13: School-based PD Day (no classes)			<i>"The function of education is to help you from childhood not to imitate anybody, but be yourself all the time."</i> Jiddu Krishnamurti	
You can find the whole District Calendar for 2008-09 at our website. Go to http://www.vpes.ca and follow the link to Documents and School Year . The calendar is in a pdf format, you will need the free Acrobat software.				

Did You Know?

- ☞ Our Child & Youth Community Worker (CYCW) Kay Ellis, runs a variety of programs that help children meet different life challenges. These include: cooking simple meals in "Cooking Club," managing feelings of anger in our "Seeing Red" group, special girls-only and boys-only groups that deal with issues particular to age and gender along with our very successful "Mentorship Group." Mrs. Ellis provides valuable support to children who need a time and place to express themselves.
- ☞ Our school is a community facility that can be rented for a small fee. The gym, art room, kitchen and foyer can all be booked through our Bookings Coordinator Ms. Jean Ann Steiner. Birthday parties or sports events are welcome and priority is given to activities that involve children from Vulcan County.
- ☞ We bid a very sad farewell to Learning Assistant Ali Sandilands last week. Ali is moving to Cochrane and getting married! She will be missed by all the staff but mostly by the students whose lives she touched with her caring and gentle way. Thanks for everything Ali!

Feedback, questions, concerns, articles or compliments can be directed to Mr. Shain by e-mail: michael.shain@pallisersd.ab.ca phone: **403 -485-2074**

Skating

During late January and early February all of our students have been enjoying the short walk to the arena for our Physical Education classes on ice. Our thanks to the town Recreation Board for helping us to make this happen. It's always nice to get out of the school to enjoy opportunities that many city students don't have.

